

Key Facts – Valproate▼ and Pregnancy

Name:

Date:

- Valproate is an effective medicine used to treat epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn child when taken during pregnancy and should be not taken by women and girls unless nothing else works.
- When taking valproate always use reliable contraception so you do not have an unplanned pregnancy.

▼ This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See www.mhra.gov.uk/yellowcard for how to report side effects.

What you must do

- Speak to your doctor if you are thinking about having a baby, and do **not** stop using contraception until you have done so.
- Tell your doctor at once if you think you may be pregnant or know you are pregnant.
- Never stop taking valproate unless your doctor tells you to as your condition may become worse.



Keep this card safe so you always know what to do.